

PUUR LEVELS AND/OR RIDING EXPERIENCE

RIDING EXPERIENCE	PUUR DESCRIPTION	LEVEL
No/little experience	walk and trot: those with the least experience	Beginners 
Up to 3 years of weekly lessons	weinig ervaring: stap en draf	Beginners+ 
3 years of weekly lessons	Experience in walk, trot and canter	Advanced 
5 years of weekly lessons	Extensive experience in walk, trot and canter	Advanced+ 

PUUR BEGINNERS

Age : minimum 8 years, maximum 65 years
 Height : minimum 1.30 meters
 Experience : riders with no or little experience
 Route : Dunes, cranberry fields, forest and beach
 Ride duration : 2 hours
 Time : daytime, evening and full moon rides
 Horses : calm and reliable horses

- The ride will be at the pace of the least experienced rider in the group (walk and trot).
- Ideal for true beginners, riders with little experience in outdoor rides, or those who haven't ridden for a long time.
- Perfect for partners, friends, or family members where not everyone knows how to ride but still want to go on an outdoor ride together.

PUUR BEGINNERS+

Age : minimum 8 years, maximum 65 years
 Height : minimum 1.30 meters
 Experience : beginner rider who has done outdoor rides at walk and trot before. You understand the basics and are able to ride the trot in a rising position.
 Route : Dunes, cranberry fields, forest, beach and Boschplaat
 Ride duration : 3 hours
 Time : daytime rides
 Horses : calm and reliable horses

- The ride includes walking and trotting, with slightly more trotting than the two-hour ride (no canter).
- Very suitable for riders who haven't ridden in a long time and want to restart calmly. Ideal for beginner riders who can trot well and have some experience with outdoor rides.
- During this ride, you will pass through the unique nature reserve, the Boschplaat.

PUUR ADVANCED

Age : minimum 10 years, maximum 65 years
 Experience : at least 3 years of weekly lessons or prior experience. Riders who are proficient in walk, trot and canter (no gallop) and have extensive experience with outdoor rides.
 Route : Dunes, cranberry fields, forest and beach
 Ride duration : 2 hours daytime, evening and full moon rides
 Ride duration : 3 hours + Boschplaat
 Ride duration : 4 hours Drenkelingenhuisje
 Ride duration : 5 hours Drenkelingenhuisje + Amelandergat
 Horses : reliable horses

- You are in good physical condition.
- You can control and handle your horse well in all gaits.
- You have a secure and balanced seat.
- You will ride a varied outdoor trail, especially for advanced riders.
- The ride will be in walk, trot, and canter (no gallop).
- Pace changes are clearly indicated.

PUUR ADVANCED+

Age : minimum 12 years, maximum 65 years
 Experience : at least 5 years of weekly lessons. Riders who can handle all gaits well, can ride bareback and have extensive experience with outdoor rides.
 Route : Dunes, cranberry fields, beach and North Sea
 Ride duration : 2 hours swimming with horses
 Ride duration : 2 hours bareback riding
 Time : morning, afternoon and evening depending on the tide
 Horses : reliable horses that are excellent swimmers

- You still ride regularly, at least once a week.
- You are physically fit and in good condition.
- You have lots of experience with longer outdoor rides.
- You can ride and handle different horses well.
- You are proficient in all gaits and have a secure and balanced seat even without a saddle.
- The ride will be in walk, trot, and canter (no gallop).

- Tips**
1. Riders of different levels can ride together in a group since the beginners level is suitable for everyone. Want to canter? Book an advanced ride at your own level.
 2. Do you take riding lessons at home and are unsure of your level? Ask your instructor for advice!
 3. There is a significant difference between a beginner and an advanced rider. We believe that those who are between these levels can practice in an indoor or outdoor arena (enclosed area) for a while longer. After three years of weekly lessons, you'll be ready for the Puur Advanced ride.

